

Resuscitation

Babies 0-1 year

The initial **D.R.A** checks as per the child resuscitation are the same for a baby.

B Breathing

When breathing for a baby it is easier for you to seal your mouth around the baby's mouth and nose. Use the same number of breaths as for Child Resuscitation.

C Circulation

To apply chest compressions on a baby, you should only need to use two fingers mid nipple line. Use the same number of Compressions as for Child Resuscitation.

Please note that these are a set of Guidelines. They can be adapted to suit the size of the Baby/Child. E.g. For a big baby you may find it easier to use three or four fingers to do compressions. For a small child you may find it easier to seal your mouth around the child's mouth and nose.

Please remember that “the only thing that you can do wrong in a resuscitation emergency is to do nothing!”.

Other Courses run by ABC Medical Services (Reading) Ltd

Paediatric Emergency Aid (NCMA & PLA Approved)

This is one of our most popular courses and can be run over 3, 6 and 12 Hours.

It is an ideal course for Parents and baby sitters. The 6 & 12 Hour courses are the recommended courses for Nursery Nurses, Pre-School Workers and Child Minders. A certificate of attendance valid for three years is awarded at the end of the course.

Anaphylactic Shock Awareness (Epi Pen)

This 2 Hour course is designed to give information on Anaphylaxis and the use of an Epi-Pen/Ana Pen. It will also cover Basic Life Support for the Child. A certificate of attendance valid for three years is awarded at the end of the course, the certificate will state that the named person has been trained in the safe use of an Epi-Pen/Ana Pen.

Other courses that are available range from Road Side Emergency Aid, Pool Side Emergency Aid, Outward Bound Emergency Aid, and many more.

For more information please contact our office at any time.

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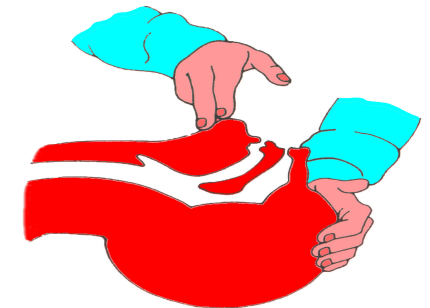
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www.markthemedic.com



Child and Baby Resuscitation & Emergency Aid Course



Course Tutor

Mr. Mark Davis

REMT-A, FRSPH, FRSA, MASI, AIFL.

www.markthemedic.com

Making 999 Calls

There are two numbers that are used to summons the emergency services.

999 – the standard emergency number from any phone.

112 – which can be used on mobile phones.

When making a 999 call remember to :

➤ Give clear and concise information with regard to: Location. Give landmarks to help with directions. Type of incident Number of casualties. What has happened. Any special hazards that may be encountered e.g. chemical spills.

➤ Do not put the phone down until you are told to do so by the operator.

THE RECOVERY POSITION



Nearest arm palm up
- as if to 'stop traffic'
DO NOT FORCE IT TO THE FLOOR.



Bring furthest arm over and hold against casualty's cheek (palm out).



Lift furthest leg up, keeping foot flat on the floor. **Support head.**

Adjust final position:
- head back
- leg up at right angles



Resuscitation

Child 1-8 Years

D Danger

Is it safe for you to approach the casualty? Check for any dangers to you!

R Response

Try to get a response from the child

A Airway

If no response, gently tilt the child's head back, this will prevent the tongue from blocking the child's airway.

B Breathing

Check to see if the child is breathing adequately. If yes turn the child on to his/her side (The Recovery Position). If no seal the child's nose and give Five mouth to mouth ventilations. If no response from the Child, commence full resuscitation using a ratio of:

30 Compressions : 2 Breaths