

Parent First Aid



Who is your first aider right now?

At work we all have first aiders but at home, in the car, on holiday and days out it is you. First Aid training for parents and family members is essential. I have developed this short 2hr course to provide information on how to cope with first aid and medical emergencies in the home. The course has become very popular and is provided for Health Visitors, Midwives, NCT groups and families & friends in their home. A typical course will last between 2hrs, topics covered include:

- Making an effective 999 call
- Managing an unconscious Child & baby
 - Child & Baby Resuscitation
 - Choking
 - Head Injuries
 - Febrile Convulsions & Seizures
- Any other topics you would like covered.

The course is fun and informative and has been enjoyed by hundreds of parents so far. The aim of this course is to provide you with basic information that you can remember; it will also give you lots of confidence to cope with emergencies.

For more information on my Parent and Family First Aid Courses:

Tel: 07811 398676

Email: mark@markthemedic.com

Website: www.markthemedic.com